

# ગુજરાતી સમ

# Navneet

# Gujarati Community Newsletter

A Non-Profit Tax-Exempt Organization
MAILING ADDRESS: P.O. BOX 687, OWINGS MILLS, MD 21117

Federal ID 52-1038340 Web Address: www.gsbaltimore.org E-mail: contact@GSBaltimore.org

Manu Shah, Editor V10-03 March, 2010

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### President's Message

State of Gujarat is completing 50 years on May 1<sup>st</sup> 2010. The Central Government agreed to the State of Gujarat and under the leadership of Shri Jivraj Mehta, first Government of Gujarat was sworn in on May 1<sup>st</sup>, 1960, the day which is remembered as the day when a new era of self-confidence began for Gujarat and the Gujaratis.

You are cordially invited to the Celebration of 50<sup>th</sup> anniversary of Gujarat State, India in Washington Metropolitan area. This celebration is sponsored by Gujarati Samaj of Metropolitan Washington together with Gujarati Samaj of Baltimore and the Saurashtra Patel Cultural Samaj of Washington, D.C. It will be held on May 8, 2010 at Eleanor Roosevelt High School located in Greenbelt, MD from 1 p.m. to midnight.

Gujaratis are known for turning adversities into advantages and "Jya Jya Vase Gujarati, Tya Tya Vase Gujarat" meaning "Wherever in the world Gujaratis' live, there exists a Gujarat". With that in mind, multiple associations have decided to join hands to celebrate the 50<sup>th</sup> anniversary of the Gujarat State near the Nation's Capital area.

Our goal is to provide an opportunity to the local Indian-American community to witness the culture and heritage of "Swarnim (Golden) Gujarat". There will be cultural activities and performances throughout the day giving opportunity to the local talents of all ages to perform on stage and display their skills. We are expecting many vendors to participate and display their various articles of arts, handicrafts, costume jewelry, ethnic dresses, and so on. There will also be a grand evening finale for this event. We expect more than 3,000 people to attend this event. We invite our members to represent us in the cultural program and various activities. For details, see elsewhere in the Newsletter.

On April 10, 2010 we will be presenting a **dinner and drama** – "**CHITKAAR**". Chitkaar is the No. 1 record breaking best original Gujarati play and has been running non-stop for 25 years. Please register online at your earliest convenience.

We sincerely appreciate and thank the generous support from Dharmesh Shah, Nimesh Shah, and Bhavna Patel for enabling us a trip for our seniors to Vraj on April 25, 2010. For details, see elsewhere in the Newsletter.

I take this opportunity to sincerely thank all volunteers and committee members for their support and help.

Payesh Jhaveri March 2010

#### **Volunteers**

Rushi Bhatt 410-581-9693 Mitu Dalwadi 410-517-2812 Suresh Dalwadi 443-629-3324 Nilesh Desai 410-489-6592 Nishith Gandhi 410-997-3917 Raghuvir Patel 443-710-9456 Raj Patel 410-998-9838 B. G. Thakkar 410-465-0955

Youth
Committee
Coordinator
TBA
Members
TBA

#### Here is a poem and response to the poem for you to ponder....

એક અનોખું કાવ્ય

સારી રીત નથી

એવુય નથી કે વતન માટે મને પ્રિત નથી ફ એય જાણુ છુ કે અમેરીકા રફેવામા મારુ ફીત નથી ઇચ્છા થાય છે અમેરીકાના અનુભવો લામુ તમને શુ લાખુ ? અફીચા સંસ્કાર કે સંસ્કૃતિ સંકલિત નથી. મને ઘણો થાય છે વતન છોડ્યાનો અફ્સોસ હવે હિમાલય છોડીને સ્નોના ઢગલા મેળવામા કાઇ જીત નથી. અમેરીકન રેપ સોંગ સાંભળીને કાન ને એઠા કરવાના અહીંયા નરસિંહ મીરા ના પુભાતિયા કે ભજન સંંગિત નથી સંતાનો ના ઉછેરીકરણ નોય અફીંયા ફોય છે ફિસાબ કિતાબ અહીયા ભરતીય માબાપ જેવ ઉદારીકરણ ગણિત નથી બદલાતી ક્રેશનના નખરા અહીંચા હોય છે નિત્ય નવા સ્ત્રીના બાહ્ય સૌદર્થ જેટ્લુ આંતરીક સૌદર્થ ચકચકીત નથી. પ્રેમ ્ વિસ્વાસ અને અનુકૂલીન આઘરીત સંબધો નથી ઇન્ડીયન કલ્ચર જેવુ લગ્નજીવન અફીંયા વ્યવસ્થિત નથી દુ:ખી થવાની ઘણીજ રીતો કશે દુનિયા મા કે પુલ મનને મારીને જીવ્યાકરવ એ સારી રીત નથી

NOW READ AN ANSWER TO THIS POEM.....

મગરનાં આંસ્-

જે દેશનો રાટલા ખાવા છે-તેને ગાળા ભાંડવી ઠીક નથી. વતનને તરછોડી આવ્યા છે જાતે, ફવે રાદડાં રડવા ઠીક નથી. લો કટના બ્લાઉઝ અને ખુલ્લા પેટ ગુજરાતમાં જોયા પછી, અમેરિકાની સંસ્કૃતિની વાતો કરવી ઠીક નથી. સરસ્વતી મંદીરામાં, જયાં વિદ્યાર્થીનીઓ સેઇફ નથી, ત્યાં રાજે સંસ્કૃતિના બણગાં ફૂંકવા ઠીક નથી. બોલિવુડના બિલત્સ નૃત્યોને રાજ ટીવી પર જોયા પછી, મનમાં ગમતી-અમેરિકાની ફેશન વખોડવી ઠીક નથી. જયાં ઘરડાંઘર નીત નવા બંધાતા હ્રાય ત્યાં, ભારતિય માબાપોની સેવા કરતાં શ્રવણોની વાતો ઠીક નથી. મહારાજો, બાબાઓ,લાલુઓ, ઠાકરેઓ-અને "ભાઇ"ઓ નો. દેશ છોડી આવ્યા પછી ,હવે ઓબામાને ગાળો દેવી ઠીક નથી. જે માને તમે તરછોડીને આવ્યા છો તે ફજુ ત્યાં જ છે. પાછા પહોંચી જાવ,કોઇ રાકે નફી, મગરના આ આંસુ ઠીક નથી.

Jaykant Jani (USA)

#### Message from the Executive Committee on Membership Database

Gujarati Samaj was established in 1975 and is proudly serving the Baltimore and the surrounding community for 35 years. We very much appreciate the trust and the support that our members has placed in us for carrying out the association charter and its objectives. Our association has grown strong with the current life membership of over 550 families.

Some of our members have expressed concern to us about receiving unsolicited correspondence from other association(s) and have asked us to investigate if our membership database was used for the solicitation purposes. We consider these types of actions a breach of ethics and a code of conduct unbecoming of our Board Members. We want to assure you that the current Executive Committee has not provided or sold the membership database to any other organizations for any marketing or any other purposes.

We are not in a position to speculate on how other association(s), if any, may have received our membership information at this time. We do want to inform you that we have given due notice to some of the past members of the Board of Trustees of Gujarati Samaj of Baltimore advising them not to disclose or misuse membership database.

We are committed to protect the privacy of our members and will take all legal actions, if necessary, to protect the interests of the Gujarati Samaj of Baltimore and all of its members.

If you have any questions or comments, please feel free to contact any of the Executive Committee members or send us an e-mail to contact@gsbaltimore.org.

# Past Events Management and Team Building Seminar



The Leadership Training on March 6, 2010 was yet another successful event. We got an opportunity to get to know each other, to learn and to share our views on different issues. Dr. Sushil Jain presented a different angle to volunteer leadership that will definitely help manage and build our organization better. Furthermore, we learnt the Do's and Don'ts of running an effective organization. Overall, it was a very healthy interactive session.

I would like to thank Sailesh (Sly) Patel for organizing such a wonderful event. My special thanks to Dr. Sushil Jain to provide a simple yet rich in content presentation and training session. And, thank you for giving us some valuable tips for our organizations. I look forward to seeing more of these training sessions in the future which will help me grow personally and build my organization stronger thus leading to a better future for our community.

Bhupesh Mehta

I very much enjoyed Dr Sushil Jain's presentation and came away with concrete ideas on what I can implement in my personal life and bring together all volunteers to effectively utilize their strengths. I found presentation on the leadership/management techniques used in Hindi movie "LAGAAN" very stimulating.

Rushi Bhatt

#### Editor's Note:

We would like to acknowledge the value of training provided by Dr. Sushil Jain and his willingness to share with us his management skills honed during his 20 years of service with the Navy and insights gained while serving with many non-profit organizations including Jain Society of Metropolitan Washington, JAINA, United Hindu Jain Temples of Metropolitan Washington, Interfaith Conference and networking at the US Capitol and serving as an attending physician to many members of the US Senate, House of Representatives and the Whitehouse.

# Gujarati Samaj of Baltimore Proudly Presents - April 10, 2010 **Dinner & Drama**

(Dinner Menu: Paratha, Malai Kofta, Daal Tadka, Panjabi Samosa, Malai Sandwich, Jeera Rice, Salad, and Raitu)

Dinner (Pre-paid tickets only): 6:30 to 8:00 PM; Drama: 8:30 PM Place: New Town High School, Owings Mills, MD



Tickets: \$20, \$30, & \$50. Book your tickets online at WWW.GSBaltimore.org
Get \$5 early discount on \$30 and \$50 tickets if purchased before April 5, 2010.

Mail Payment to: Gujarati Samaj of Baltimore, P.O. Box 687, Owings Mills, MD 21117

To register, please call any committee member or visit our website. Sponsor this event for as low as \$500. Each sponsor will get 4, first row tickets. Contact Atul Patel @ 410-833-2251 or Dipak Desai @ 410-356-5660







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## STORE HOURS

NOVEMBER 15 - FEBRUARY 21 TUE-SAT: 11:00 AM TO 7:00 PM SUNDAY: 11:00 AM TO 5.00 PM

MONDAY CLOSED

FEBRUARY 22 -NOVEMBER 14 TUE-SAT: 11:00 AM TO 8:00 PM SUNDAY: 11:00 AM TO 5.00 PM



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-Dr. Kamlesh Patel

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email: info@MapleLawnOrthodontics.com web: www.MapleLawnOrthodontics.com



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#### ABOUT DR. KAMLESH PATEL

Dr. Patel received his Doctor of Dental Medicine (DMD) degree in 1986 from the University of Pennsylvania, School of Dental Medicine, Philadelphia, Pennsylvania. He completed a one year Comprehensive General Practice Residency at the V.A. Medical Center (1987-1988) Philadelphia, Pennsylvania.

Dr. Patel, then practiced General & Cosmetic Dentistry for 4 years treating all phases of General Dentistry. Dr. Patel, formerly, served as a Clinical Instructor, Department of Oral Medicine, Temple University, School of Dentistry, Philadelphia, Pennsylvania. Dr. Patel, completed his Specialty training in Orthodontics & Dentofacial Orthopedics in 1994 at the Howard University, College of Dentistry, Washington, D.C. **Dr. Patel is a Diplomate of the American Board of Orthodontics**.

Dr. Patel has been published in the "American Journal of Orthodontics & Dentofacial Orthopedics" and the "Journal of Oral & Maxillofacial Surgery".

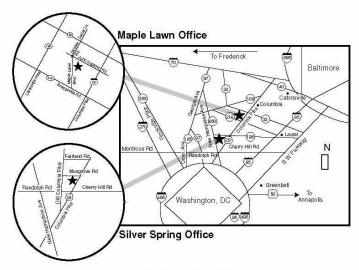
Dr. Patel is a member of the American Association of Orthodontists, the Maryland State Society of Orthodontists, the American Dental Association and the Maryland State Dental Association.

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www.MapleLawnOrthodontics.com

www.PatelOrthodontics.com

# A Day Trip To The Vraj Temple

#### **MEMBERS ONLY EVENT**

**Sunday, April 25, 2010** 

Venue: Vraj Temple, 15 Manor Road, Schuylkill Haven, PA 17972

Limited capacity of 200 only – First come first served.

Register online at www.gsbaltimore.org by April 15, 2010 or by calling any committee members.

Registration will close once we reach the capacity.



Pickup at 9:00 AM and Drop-off at 8:00 PM at Owings Mills Metro Station

Cost: \$10 per member (partially covers transportation and food) Seniors 60 years and above – Free (bring valid photo identification)

Please register as soon as possible and send your payment to Gujarati Samaj of Baltimore, P.O. Box 687, Baltimore, MD 21117. To secure your place, please ensure that your payment reaches us within a week or by April 15, 2010 whichever comes first. Samaj will provide the bus transportation and meals for nominal cost of \$10 per person.

Please note: Each participant is required to sign Gujarati Samaj of Baltimore's liability release form. Form will be provided on a day of the trip.

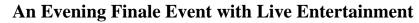


# Celebration of the 50<sup>th</sup> Anniversary of Gujarat State

Saturday, May 8<sup>th</sup>, 2010 1p.m. to midnight

Eleanor Roosevelt High School, 7601 Hanover Parkway, Greenbelt, MD Grand Celebration includes:

Gujarat Mela with "Taste of Gujarat" Cooking Competition, Painting, Mehndi, Food Carving, Rangoli, Exhibitions, Cultural Performances, Carnival Games, Children Activities, Clothing, Jewelry, Food Stalls and



For up-to-date information and event schedule, please visit:

# www.GujaratDayDC.com

For event sponsorship and / or support, please contact:

Nipa Parikh (301) 762-6365; Payesh Jhaveri (443) 568-1300; Ashok Kavi (301) 346-1034

With support of Gujarati Mitra Mandal, Shri Mangal Mandir, Jain Society & Gujarati Literary Academy











## **Gujarat Golden Jubilee Celebration**



Sponsored by:

Gujarati Samaj of Washington, Gujarati Samaj of Baltimore, Saurashtra Patel Cultural Samaj of DC Activities and Competition Information

Saturday May 8, 2010 1:00 PM - 4:00 PM

Eleanor Roosevelt High School, 7601 Hanover Parkway, Greenbelt, MD 20770

www.dcsamaj.org; www.gsbaltimore.org; www.spcs.org; www.gujaratdaydc.com; www.gujaratdaybaltimore.com



#### TASTE OF GUJARAT COOKING COMPETITION

Come join us in celebrating the state of Gujarat's 50<sup>th</sup> Birthday May 8, 2010

# Who can cook the best Gujarati food?

We'll soon find out, at the "Taste of Gujarat" cooking competition.

**The Taste of Gujarat** cooking competition is designed to showcase the culinary talents of our local Iron Chefs. This is a chance for you to impress our esteemed judges with your best sweets and snacks, and win great prizes.

#### **Categories:**

There are two categories of entries: 1. Sweets 2. Snacks/Farsan. You must prepare an item from the list of options listed below.

<u>Sweets</u>: Puran Poli, Halvo (dudhi/ chiku/ gajar), Halvasan, Badam Pista Burfi, Ghari, Srikhand, Penda, Mohanthal, Gughra, Koprapak

<u>Snacks</u>: Khandvi, Handvo, Sev Khamani, Daal Dhokli, Khaman Dhokla, Patra, Bhakharwadi, Kachori (Lilva / Dal), Muthiya, Patice (Farari/ Potato), Sandwich Dhokala

#### Criteria:

Each entry will be judged on two factors: Presentation and Taste (presentation 35 points, taste 65 points).

#### **Prizes:**

First place winner (in each category) will receive a \$50 gift card Second place winner (in each category) will receive a \$25 gift card. The winners and their recipes will be featured in the Gujarati Samaj Newsletter.

#### Rules/Regulations and Registration:

- 1. To enter the competition, each participant must complete the registration form (printed below).
- 2. The registration requires a \$10 deposit (by check payable to Gujarati Samaj) for each entry. Upon participation completion, the deposit will be returned to the participants on the day of the event.
- 3. A registration received without a deposit will not be considered.
- 4. Each participant may register for up to 4 entries (items).
- 5. Sponsoring organizations reserves the right to limit the number of entries in any category. The entries will be accepted on a first come-first served basis.
- 6. Once your entry is accepted for the competition, you will receive an e-mail notification.

- 7. There is no cooking or warming facility at the event location. Each participant must bring precooked/prepared food.
- 8. Participants must be 18 years or older.
- 9. In case of insufficient entries from the members of the sponsoring organizations, general entries from non-members may be accepted.
- 10. Please mail your entry forms with the deposit amount to: Arti Shah, 13704 Valley Oak Circle, Rockville, MD 20850 so as to reach us by **April 20, 2010.**
- 11. The organizing committee's decision (based on the rating by the judges) shall be final.
- 12. The office bearers of the sponsoring organizations are not eligible to contest.

#### What to Bring:

On the day of the event, each participant must bring two plates of food for each entry. One plate is for the evaluation of presentation and the second plate is for the taste sampling by the judges. The second plate should contain a minimum of 15 pieces/samples.

**Contacts:** For any questions on "Taste of Gujarat" cooking competition, please call: Arti Shah (301) 838-9778 or Mira Sheth (703) 471-0345.

#### "TASTE OF GUJARAT" - REGISTRATION FORM

Name:	
Address:	
Telephone:	
Email:	
Membership: Gujarati Samaj of Metropolitan Washington/Gujarati Samaj of Baltimore/Saurashtra Cultural Samaj of Washington DC (please circle one).	Patel
Name of the Item/s:	

Please mail your entry forms with the deposit amount of \$10 payable to Gujarati Samaj of Baltimore to: Arti Shah, 13704 Valley Oak Circle, Rockville, MD 20850 so as to reach us by **April 20, 2010.** 

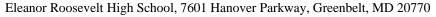
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## **Gujarat Golden Jubilee Celebration**

*Sponsored by:* 

Gujarati Samaj of Washington, Gujarati Samaj of Baltimore, Saurashtra Patel Cultural Samaj of DC Cultural Program/Performances

Saturday May 8, 2010 1:00 PM - 4:00 PM



www.dcsamaj.org; www.gsbaltimore.org; www.spcs.org; www.gujaratdaydc.com; www.gujaratdaybaltimore.com

#### REGISTRATION FORM FOR CULTURAL PROGRAM / PERFORMANCES

Coordinator's Name:	(Last)	(First)	(Middle)
	(Last)	(1.1181)	(Wildle)
hone:	Email:		
Address:			
1	Number of Participant(s):	Age of participant(s):	_
	Names of	f participant(s):	
Description of your	r itam:		
escription of your	t tem.		

<u>Please Note</u>: Dance and Music entrees will be accepted on 'first submitted, first accepted' basis. To accommodate more participants, priority will be given to group performances showcasing Gujarat's folk- music/dance/cultural heritage in **Gujarati language**. Participants below 5-years of age are not allowed. For dancers: Please copy your music on the audio CD that must contain only the performance item. The audio CD must be handed over to the coordinator 30 minutes prior to commencement of the program. The program will start at 1:00 p.m. For safety, please bring 2 copies of audio CD. For vocal/instrumental performers: Please bring your instrument(s) and accompaniment (Tabla, Harmonium, Keyboard, Guitar, Rhythm box, etc.). The organizers will not provide accompanying music/instrument. Only **20** entrees will be accepted. Please submit your entry today! This is your opportunity to be proud of your heritage and share your talent with other fellow Gujaratis! *Halo halo ne* entry *melo!!* We look forward to receiving your entry. Thank you.

Please email the completed registration form by April 20, 2010 to: Jay Joshi; jayjoshi@comcast.net; Phones: 301-947-0930 and 240-271-3481

## **Gujarat Golden Jubilee Celebration**



Sponsored by:

Gujarati Samaj of Washington, Gujarati Samaj of Baltimore, Saurashtra Patel Cultural Samaj of DC Activities and Competition Information

Saturday May 8, 2010 1:00 PM - 4:00 PM

Eleanor Roosevelt High School, 7601 Hanover Parkway, Greenbelt, MD 20770

www.dcsamaj.org; www.gsbaltimore.org; www.spcs.org; www.gujaratdaydc.com



#### RANGOLI COMPETITION REGISTRATION FORM

Come join us in celebrating the state of Gujarat's 50<sup>th</sup> Birthday May 8, 2010



- Doors open at 1:00 pm on Saturday.
- Rangoli competition will start at 2:30 PM and the judging will take place at 4:00 p.m.
- To register, please complete the Rangoli Competition Form.
- Form must be submitted no later than April 20, 2010.

#### Criteria:

Each entry will be judged on two factors: Presentation and Theme (presentation 50 points, theme 50 points).

#### **Prizes:**

First place winner will receive a \$50 gift card.

Second place winner will receive a \$25 gift card.

The winners and the picture of the winning Rangoli will be featured in the Gujarati Samaj Newsletter.

#### **Rules/Regulations and Registration:**

- 1. The team should comprise of a maximum of two participants.
- 2. Participants will create a Rangoli keeping in mind a theme of their choice.
- 3. The colors of Rangoli, as well as other materials, if required, according to their selected themes must be brought by the participants. A white poster board 2 ft by 2 ft will be provided to each competitor.
- 4. Rangoli must be handmade and no tools will be allowed.
- 5. The maximum time duration will be 1.5 hours and the Rangoli area per team will be 2 ft by 2 ft.
- 6. Entries will be accepted on first come basis. First 10 entries are allowed for participation.
- 7. Participants must be 12 years or older.
- 8. The organizing committee's decision (based on the rating by the judges) shall be final.
- 9. The office bearers of the sponsoring organizations are not eligible to participate in the competition.

Participant Name(s):		 
Address:		 
Telephone:	Email:	 
Theme:		

Membership: Gujarati Samaj of Metropolitan Washington/Gujarati Samaj of Baltimore/Saurashtra Patel Cultural Samaj of Washington DC (please circle one).

Mail your entry forms with the deposit amount of \$10 payable to Gujarati Samaj of Baltimore by April 20, 2010 to: Priti Parikh, 2485 Lewis Lane, Finksburg, MD 21048

\$10 deposit will be refunded to all competitors if they participate in the Rangoli competition on Saturday, May 8, 2010 at 2:30 PM.

# સ્વર્શિમ ગુજરાત

## **Swarnim Gujarat Celebration**

Sponsored by:

Gujarati Samaj of Metropolitan Washington (GSMW), 10410 Broadfield Court, Potomac, MD 20854 Gujarati Samaj of Baltimore (GSB), P.O. Box 687, Owings Mills, MD 21117 Saurashtra Patel Cultural Samaj of Washington, DC (SPCS), 13549 Currey Lane, Chantilly, VA 20151



With support of Gujarati Mitra Mandal, Mangal Mandir, Jain Society, Gujarati Literary Academy

www.dcsamaj.org; www.gsbaltimore.org; www.spcs.org www.gujaratdaydc.com

#### **Sponsor Reservation Form**

50<sup>th</sup> Anniversary of State of Gujarat Celebration

Venue: Eleanor Roosevelt High School, 7601 Hanover Parkway, Greenbelt, MD 20770 Saturday, May 08, 2010 Time: 1 PM to Midnight

Organiz	zation/Company:				
Contact	t Name:				
Address	s:				
City: _		State:	Zip:		
Phone:	Cc	ell:			
Email:					
A.	\$5,000 – Sponsorship for Evening Grand Fi	nale Event			
	Platinum Package Ten VIP tickets for Grand Finale Display of Company name and logo on the premises and on the website Recognition on stage with a presentation of sponsorship plaque				
B.	Souvenir Advertisement				
	Souvenir Gold Package Souvenir Silver Package				
	□ \$1,500 Front Inside – Color □ \$1,000 Back Inside – Color □ \$2,500 Back Page – Color Two VIP tickets for Grand Finale Display of Company name and logo on the we Recognition on stage for Gold Package sponse Email your camera ready copy before	☐ \$300 ☐ \$200 Two regressite	Full Page Glossy – B&W Half Page Glossy – B&W Quarter Page Glossy – B&W ular tickets for Grand Finale G50Souvenir@GoogleGroups.Com		
C.	□ \$1,000 Sponsorship for Cultural Program and Performances □ \$500 Sponsorship for Activities and Competitions Two VIP tickets for Grand Finale Display of Company name and logo on the website Recognition on stage and acknowledgment in Souvenir (listing of First & Last Name, City, State)*				
D.	\$100 Individual Family Sponsorship Two regular tickets for Grand Finale Acknowledgment (listing of First & Last Nan	ne, City, State)*			

\* Acknowledgment in Souvenir - for paid sponsorship by April 15, 2010

Please complete and return with your payment made out to Gujarati Samaj of Baltimore
Please send your payment to reach us by April 15, 2010.
Mail to: Kanu Patel, 8658 Wheatfield Way, Ellicott City, MD 21043

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	Monday - Thursday & Sunday	
	5.00 - 10.00pm	
Dinner:	Friday & Saturday 5.00 - 11.00pm	



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# Retreat Dates: Sunday, July 11<sup>th</sup> through Friday, July 16<sup>th</sup> 2010

Sunday, July 11<sup>th</sup> - 3:00 p.m. to 10 p.m. Monday –Thursday - 7 a.m. to 10 p.m. Friday July 16<sup>th</sup> - 7 a.m. to 6 p.m.

\_\_\_\_

**Retreat activities will include:** Yoga, meditation, small classes, discussion groups, interactive learning, debates, picnic, field trip(s), sports activities, competitions, cultural show, Garba night and many more exciting events throughout the whole week.

Venue: Best Western Conference Center, 5625 O'Donnell Street, Baltimore, MD, 21224

Retreat fee for entire five days: \$ 220.00 (includes accommodation, meals, material and activities fee)

**Special Baltimore and surrounding area discount:** If you would like to attend the retreat but prefer to travel from home daily, you may do so for the duration of the week at a discounted rate of \$140.00 (for all 6 days, including meals activities and material). Daily rate \$75.00 per day.

**Term and Conditions:** Participants must be at least **18 years of age**, must leave in the evening. It is a onetime, non-refundable fee. If you are absent on any of the day(s), no money will be refunded. Please make your check(s) payable to **Gayatri Pariwar USA**.

If you would like to participate in the event, please fill out the information below and mail your form and check(s) to **Gayatri Pariwar USA**, 12416 Dancrest Drive, Clarksburg, MD 20871 For all other information, please visit website listed below or contact Sujal Mistry at:

E-mail: mistry.sujal@gmail.com Phone:#: 240-277-3664

Participant's information (Special Baltimore and Surrounding Area Discount Form ONLY).

Last Name: \_\_\_\_\_\_ First Name: \_\_\_\_\_\_ Gender: M F (Please circle one)

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip Code: \_\_\_\_\_ Phone # \_\_\_\_\_ Please specify any medical conditions, medication, allergies or special assistance required at the camp:

Emergency Contact: Name \_\_\_\_\_ Phone # \_\_\_\_\_\_ Phone # \_\_\_\_\_\_ Phone # \_\_\_\_\_\_ Phone # \_\_\_\_\_ Phone # \_\_\_\_\_\_ Phone # \_\_\_\_\_ Phone # \_\_\_\_\_ Phone # \_\_\_\_\_\_ Phone # \_\_\_\_\_\_\_ Phone # \_\_\_\_\_\_\_ Phone # \_\_\_\_\_\_ Phone # \_\_\_\_\_\_ Phone # \_\_\_\_\_\_ Phone # \_\_\_\_\_\_ Phone # \_\_\_\_\_\_

# આપણી કિમંત કેટલી ?

રતિભાઇ પટેલ આરહીસ્ટન, વર્જાનીઆ

"આપણી કિંમત કેટલી ?" આમ જુઓ તો આ પ્રશ્ન વાફિયાત લાગે છે. કારણકે, એક તો આનો આપણે કદી વિચાર કર્યો નથી અને બીજૂ, આવો પ્રશ્ન કોઇએ ઉભો કર્યોનથી અથવા પૂછ્યો નથી. "આપણી કિંમત કેટલી" ? એમ જ્યારે પક્ષ કરીએ છીએ ત્યારે આપણે શેની લાત કરીએ છીએ એ જાણવુ જરૂરી છે. આપણે માનવી "સામાજીક પ્રાણીઓ" છીએ, એમ વારવાર કરેવામાં આવ્યુ છે, એટલે આપણી તલના આ સામાજીક અર્થકરણમાં સામાન્ય રીતે કરવામાં આવે છે. એટલે તો "એનુ સમાજમાં શું માન છે" એવ અવાસ્નવાર સોભળવામી આવે છે. આપણી કિંમત કેટલી ?" એ પ્રવ્ર આમ આપણા જીવતર દરમ્યાન આપણું સમાજમાં શું માન અથવા કિંમત છે એ અનુસધાણમાં ઉલ્લોખાયો છે, આપણા ૧૦૧૧ની "સામાજીક કિંમત°ના અર્ચમાં ઉઘ્ધેશાયો છે. ૧૦૧૧ની સામાજીક સાર્થકતાના સંબધમાં પુછાયો છે.

ખર્રુ પૂછો તો, આપણી પોતાની કોઇ કિંમત નથી. પણ આપણે આપણા જીવન દરમ્યાન કેવા પ્રકારના {Quality} તથા કેટલા પ્રમાણમાં {Quantity} સ્વિયાર,સ્વાલીનો સંયથ કર્યો છે. અને એ પછી એનો ઉપયોગ કરી કેવા પ્રકારનું વર્તન કર્યુ છે એની જ કિંમત થાય છે. વિચાર, વાણી અને વર્તન એ આપણા માનવજીવનનાં કિંમતિ અંગો છે. અને આ ત્રણજ આપણી તુલના કરવામાં અગત્યનો ભાગ ભજવે છે. આપણાં પોતાના જીવન દરમ્યાન આપણા વાણી, વિચાર અને વર્તનથી જીવનને કેટલું સાત્ત્વિક તથા સાથેક બનાવીએ છીએ એના પ્રમાણમાં આપણી કિંમત અંકાય છે. સુવિચાર,સુવાણી તથા સદ્દવર્તન (સત્કાર્વ) એ આપણા અપ્રમોક્ષ ઘરેલાં, ઝવેરાત છે. માનવ જવનમાં જો વિચાર, વાણી તથા વર્તન ના ફોલ તો માનવજીવન જાડ ખને, અને

જડતાની કિંમત કેલી રીતે ફોઇ શકે! સુવિચાર, સુવાણી અને સ્દ્વર્તન એ માનવજીવનની ચેતના છે, અને ખરુ પૂછો તો, ચેતનાની જ કિંમત ફોઇ શકે, જડતાની નફી. ચિંતન, ચેતન અને ચઘન એજ માનવજીવનની ચેચલતા. ચિનગારી,

ઉદાફરણ તરીખે, ધરેણા રાખવાની પેટીની વાત કરીએ. આમ જુઓ તો, ઘરેબ્રાની ખાલી { Jewlry Box} પેટીની કિંમત કોડીની છે. અથવા બિલફુલ નથી પછી ભક્ષેને એ પેટી ગમે તેટલી સુંદર ફોચ. પણ એજ મેટીમાં ઘરેણાં મુકીએ ત્યારે કિંમત ઘણી વધી જાય છે. હજારો રૂપિયાના ધરેલો મૂકીએ તો ક્ઝારોની લાખોના ધરેજાં મુકીએ ત્યારે શાખોની કિંમત યઇ જાય છે. આ પ્રમાજીની (Quantity) વાત થઇ. એજ પ્રમાણે, કેવા પ્રકારના, કેવા કક્ષાના {Quality} ઘરેલા મૂકીએ છીએ એ પણ અગત્યન છે. સોના- ચાદી અથવા ફીસ-મોતીના ઘરેલાં મૂકીએ તો એની કિંમત ક્ષાખોની ધાય. પણ, નકક્ષાદી, બનાવટી \*સિલ્વર પ્લેટેડ\* અથવા નિકલ-જસતના ઘરે<u>ણાં</u> પેટીમાં મૂકીએ તો એની કિંમત કોડીની થાય. આવી જસત- નિક્લના બનાવટી ઘરેણોની પેટીને બહાર રસ્તામાં મૂકીએ તો ચોર પ<u>બ</u> કદાચ પાછી મૂકી જાચ, કારણાકેએ જાણો છે કે એની કિંમત ફાંઇ નથી, સોના-ચાંદી. ફીસ-મોતીના ઘરેજાાંવાળી પેટીને તો બેન્કની તિજોરીમાં સાચવવી પડે છે. બેન્કની તિજોરીમાં મુકેલી છરેલાની પેટી એક ત્રીજો મુધ્દો, ત્રીજુ પાસુ બહાર હ્યાલે છે, અને એ છે એની ઉપયોગીતા, ઘરેણાંને કક્ત બેન્કની તિજોરીમાં મૂકી રાખીએ તો એની સાચા અર્થમાં કિંમત નહી થાય. ઘરેણોની સાચી કિંમત તો ત્યારે જ અંકાય કે જ્યારે એ ઘરેલાંનો અવારનવાર ઉપયોગ થાય અને શુભપસંગ પદ્દેરવામાં આવે,

ઉપયોગ થતા અને ઉપયોગીતા જણાતા કિંમત થાય.

આપણા માનવજીવન નું પણ આ ઘરેણોની પેટી જેલ છે. જેમ ખાલી પેટીની કિંમત કોડી છે. એમ ખાલી જીવનની વિચાર, વાણી અને વર્તન વિનાના જ્ઞવનની-કિંમત કોડીની છે. ઘરેજોની પેટીની મારૂક, આપણા જીવનની સાચી કિંમત તો ત્યારે જ યાય છે કે આપણે આપણા જીવનમાં શું અને કેવ અને કેટલ મૂકીએ છીએ એની પર નંદલી થાચ છે. તથા શું, કેવુ અને કેટલુ સાચવીએ છીએ એની પર જીવનની કિંમત થાય છે. પેટીમાં જેમ સોના-ચાંદી કે ફ્રીસ-મોતીના ઘરેણાં મૂકીએ અને પેટીની ઉપત વધે છે એમ જીવનમાં ઉચા. ઉમદા વિચારો તથા ઉચા સત્કાર્વે રૂપી ઝલેસત મૂકીએ ત્યારે જ જીવનની ખરી કિંમત અંકાય એને વધે, સવિચાર, સવાલી તથા સદવર્તન (સત્કાર્વ) એ જ માનવજીવનના અભ્રમોલ ઘરેલાં છે. એટલે તો સ્વામી વિવેકાનદે વારંવાર કહ્યુ છે કે તમારા મન મસ્તકને ઉંચો વિચારોથી ભરીદો, કારણકે ઉચા વિચારોપાંથી જ મહાનકાર્થની ઉત્પતિ. સર્જન થાય છે. મહાન કાર્ય, સત્કાર્ય એ માનવજીવનના કિર્તિસ્થળ નામ-નામના વધારવાથી જીવનની કિંમત થતી નથી પણ કામ-સત્કામ થી કિંમત થાય છે. વધે સમ્પાઇ. પ્રભાણીકતા. ને તિ.કતા પરમાર્થકતા એ સોના-ચોદી. કીસ-મોતીના ધરેજું છે. અપ્રમાણિકતા, જુઠાજી, ઘચ્ચાઇ, અંદેષાઇ ધિક્કાર વિગેરે નિક્લ-જસતના નક્લી ધરેલાં છે. જીવનમાં પદવીઓ કે ઇલ્કાબો કે સંપતિ મેળવીએ પણ એમાં ૫માબિકતાના ઘરેબ્રાના ફોય તો ફક્ત પદવી, ઈલ્કાખોથી ભરેલાં જીવનની કિંમત કોડી છે. "સિલ્વર પ્લેટેડ"ની માકક "નેઇમ પ્લેટેડ" નકલી કાર્યો કરીએ તો નિકલ-જસતના ઘરેજાં જેટલી જ્વનની કિંમત યાસ.

માનવજીવનનો કિમત સાચા અર્થમાં કેવો રોતે વધે ? સૌથી પહેલાં, મનને ઉચાં, ઉમદા વિચારોથી ભરી દેવું જરૂરી છે. આ ઉમદા વિયારોને સુવાણી આધી એ દ્વાસ સદ્વર્તન, સત્કાર્યોમાં પરિવર્તન કરવુ એ અગત્યનું છે. આમ વિચારીએ તો,આપણા જ્વનની કિંમત જરૂરી વધારી શકાય. પહેલુ કામ એ સેવાકાર્યન્દુ ખિયાસ, પીડીતોના દુ:ખમાં ભાગ લઇ એમના દુ:ખ દુર કરવા એ સેવા-સાચી સેવા,

આ એક સામાજીક કાર્યછે. બીજુ કામ, ધર્મ અને ઘર્મને લગતા કામો કરવા, અને ગીજા કામ એ ભગવાનનું કામ. સામાજીક, શાર્મિક તથા આધ્યાત્મિક કામ, આમ, સુવિચારો, સુવાણી સદ્વર્તન-સત્કાર્યોનું ઝવેસત જીવનપેટીમાં મૂકીએ, સાચવીએ તથા એનો જનકથ્થણ માટે ઉપયોગ કરીએ તો આપણા આ માનવ-૧૦વનની કિંમત વધી જાય. ૧૭વનને પાપરક્તિ.. પૂન્ચશાળી, પરોપકારી .. મારમાત્રમામલ બનાવવાથી જીવનની ક્રિયત વધારી શકાય છે.જીવનમાં કરેલા સત્કાર્વી. પરોપકારો જ માનવજીવનની સંગંધ કેલાવે છે. તથા સાચા ઉર્તિસ્થળો બને છે. સાચા અર્થમાં તીર્વધામ બને છે. સુવિચારો તથા સવાણી દ્વારા સામાજીક, ધાર્મિક તથા આધ્યાત્મિક સતકાર્યો કરી શકીએ એ બધા તીર્થધામ- તીર્થક્ષેત્ર, જીવનમાં સત્કાર્વો દ્વાસ જીવનક્ષેત્રને ઉત્તમ, ઉચ્ચ બનાવીએ તથા એ દ્રાસ જીવનદીવડાને પ્રકાશિત કરીએ. મહતમાં ગોધી તથા વિનોબા ભાવે આધ્નિક જમાનાના લુગ-પુરૂષો છે. અને એમલે એમના સુવિચાર, સુવાણી અને સદ્વર્તન-સત્કાર્થીથી એમની "જીવનપેટી"ની કિંમતા <del>ગ</del>ણમોલ બનાવી શક્યા અને જનકલ્યાણના કાર્ચો દ્વારા પોતાના જ્રવનને જિવંત {અમર} બનાવી શક્યા. આજ માનવીની- આપણી સાચી ક્રિમત !

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Ski/Snow Tubing Trip to Ski Roundtop	February 13, 2010
Management & Team Building Training	March 06, 2010
Dinner & Drama – Chitkaar	April 10, 2010
Vraj Trip	April 25, 2010
50 Years' Celebration of Gujarat Statehood	
Graduation (High School and College)	June or July
Picnic	August
Navratri	October
DiwaliO	ctober or early November
General Body Meeting	TBD

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